Yersiniosis

Indiana Department of Health
Infectious Disease Epidemiology & Prevention Division

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What is Yersiniosis?

Yersiniosis is an illness caused by the bacteria *Yersinia* and causes diarrhea and abdominal pain. Infection with *Yersinia* is most often due to eating raw or undercooked pork containing the bacteria.



Why do I need to stay home?

- To protect vulnerable populations from also getting sick
- Resting at home allows your body to recover faster
- Yersinia can be spread to others easily, without proper handwashing

If you work in or visit a high-risk setting, extra exclusions may apply



Food service

Indiana code requires the following before returning to work:

- Staying home until symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home and at work.



Childcare/school attendee

Indiana code requires the following before returning to work:

- Staying home until symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home and at work



Healthcare and long-term care facilities

Indiana code requires the following before returning to work:

- Staying home until symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home and at work



Aquatic venues (e.g., swimming pools, whirlpool spas, wading pools, water parks, interactive fountains, lakes)

Indiana code requires the patient to be excluded from aquatic venues until:

- Symptoms stop for more than 24 hours

For more information, visit the Indiana Department of Health Yersiniosis webpage.